



The Healthy Early Years Clinic

For ages: 12—18

Diversity Awareness Workshop

Weekly Support, Acceptance & Encouragement

Educational Activities that Open the Heart

Inspiring More Love & Connection in ALL Our Relationships



Tuesdays at 4:00–5:00pm

Oct 13th Oct 20th Oct 27th Nov 3rd

Nov 10th Nov 17th Dec 1st

Group Covers:

- * Racism
- * Different Bodies & Disabilities
- * Gender & Sexual Orientation
- * Mindfulness

Workshops Include:

\$35 total cost (*Scholarships available*)

7 Group Sessions (via Zoom)

Educational Activities

Psychoeducation on Difficult Topics

Weekly News Letter for Families

Open Space for Discussions